



## **Scout Camping kit list.**

### **Eating;**

Small Gas stove and canister – to carry in rucksack!  
2 x Mess tins – (Non stick is best!)  
Spork  
Mug  
Water bottle

### **Sleeping;**

3 season sleeping bag and liner  
Camping mat

### **Carrying;**

Large Rucksack 50 to 60l  
Dustbin liner/survival sack

### **Accessories;**

Torch with spare batteries  
Small pocket Knife  
Ball of gardening twine  
Notebook with pencil or pen  
Compass – Needs Roma scale on  
Whistle  
Small first aid kit containing plasters, antiseptic cream and sterile wipes, blister treatment plasters, insect repellent and insect bite cream. Any personal medication, inhalers. Sun cream and after sun. Anti bacterial hand cream/gel  
4 x Strong plastic bag/dustbin liner for dirty cloths

### **Wearing;**

Scout Cap  
Snood, neck roll or scarf  
Long sleeve “T” shirt or thermal top  
Strong walking boots  
Thick walking socks  
Strong cotton shirt (Scout shirt is fine)  
Cotton Trousers (Not jeans) – Cargo trousers.  
Gaiters  
Fleece or hoody  
Waterproof Coat and Waterproof trousers (Not bulky)  
Watch

Gloves

2 pairs of spare socks, 2 pairs spare underpants or knickers.

Spare thermal top and bottoms

Thin cotton trousers.

Toilet bag containing Toothbrush, toothpaste, antibacterial soap, flannel, comb/brush, hand towel, talcum powder and toilet paper.

Base Camp Bag.

They will not need to carry this any distance so;

A small holder containing some luxuries such as pillow, spare blanket, pajamas and teddy!!

Toilet paper, sweets, book etc!

Trainers and some spare clothes, shoes for the river such as sandals or Crocs